



Canoeing along the Ruhr Valley Cycle Way

A canoe trip with a transfer for bikes and luggage

We offer this trip to all Ruhr Valley Cyclists who would like to get to know the Ruhr Valley from a quite different perspective, by doing a stretch not alongside the Ruhr but on it in a canoe. That way you'll spare your legs for half a day, but still get a bit closer to your destination.

After a refreshing night's sleep and a leisurely nourishing breakfast in the Reichshof, you'll set off by bike for the canoe camp. We'll make it easy for you by transporting your bikes and luggage to the end of the canoe section. We'll give your bikes careful treatment, of course! In addition, we'll spoil you with a welcoming cocktail at the canoe camp and a tasty, substantial packed lunch to keep you going.

The start and the end of the canoe trip are both right by the Ruhr Valley Cycle Way. You'll find there's direct access to the river and you'll be able to interrupt your bike ride without any diversions, and enjoy this unique experience of nature, to add to the wonderful impressions of the Ruhr Valley that you'll take home with you.

Programme

Arrival day:	Overnight accommodation at the Hotel Reichshof
Next day:	Canoe trip
From 8-00 a.m.	Breakfast buffet in the Reichshof
9-30 a.m.	Meet the other participants at the canoe base Welcome, and loading the bikes
From 10-00 a.m.	Canoe trip with guide on the Ruhr from Schwerte to the Hengsteysee (Roughly from Km 120 to Km 130 on the Ruhr Valley Cycle Way.)
1-30 p.m. approx	Return of your bikes; farewells.

Details:

Acommodation in double room, substantial breakfast buffet, approx 3½ hr canoe trip, (four-man Canadian, paddles, life-jackets, waterproof pouches for valuables), transfer of bikes and luggage for the length of the canoe trip, welcoming cocktail, packed lunch.

Partners:

Lenne-Ruhr-Kanu-Tour (www.ruhr-kanu.de)